

\* []内はお子さんの月齢により変更する食材です。

Main menu table with columns for date, meal type, ingredients, and nutritional values. Includes rows for dates 11/25, 12/26, 13/27, 14/28, 15/29, 18, 19, 20, 7/21, and 8/22.

Nutritional summary table with columns for Energy (kcal), Protein (g), Fat (g), Calcium (mg), and Iron (mg). Rows for '完了期' and '後期' with '給与栄養目標量' and '献立の平均栄養価'.

行事食

子どもの日の集い

Special menu table for Children's Day, including main dishes like 'きな粉ごはん' and '鶏の照りマヨ焼き'.

5月誕生会

Special menu table for May Birthdays, including main dishes like 'きな粉ごはん' and 'ほうとう風うどん'.

防災給食

Special menu table for Disaster Preparedness, including main dishes like 'しらすとわかめごはん' and '非常用うどん'.

